

Emergency/First Aid Plan

In addition to your Risk Assessment, we require you to have a site-specific Emergency/First Aid Plan. The following is an example:

EMERGENCY PLAN – FITNESS TRAINING AT [NAME OF PARK]

The emergency plans and procedure are as follows:

- the Trainer will explain the emergency process / procedure to clients before each session
- The Trainer onsite holds an appropriate Emergency First Aid certificate
- The Trainer carries a charged, mobile phone at all times to call emergency services, if required
- The evacuation / meeting point in case of emergencies is: [place adjacent to site]
- Emergency Services access the park through the: [entrance address, postcode and/or grid ref] during the session